



Life 2.0 at St. Peter's

Faith at Home

Activity Guidelines

All LIFE 2.0 activities are designed for families and individuals to move independently through each station. General guidelines are listed below, but you are encouraged to make the activity meaningful to you and your experience. Feel free to interact with others at the table, as fellowship is one of our goals, but we ask adults at the table to help keep the younger participants focused as much as possible.

Key #4: Serving Others **Questions to Consider:**

Children and adults are more likely to have a strong faith when they can see it in action through service to others. We are Christ's body, his hands and his feet, in this world!

Try volunteering together for a clean-up day, or at our own Community Suppers (there's one this weekend!). Ask each family member to donate a few things to the Thrift Shop, and drop it off together. Also, cultivate gratitude for all the gifts we have been given so that we can share them with other!

For this activity, decorate these cards with messages of love and encouragement for our brothers and sisters who have been touched by the destruction of this hurricane season. Notes can be simple or complex, but think about what holding a message of love might mean to those who have been displaced or frightened.

Email photos to formation@stpetersfreehold.org and check out our website at www.stpetersfreehold.org/faith-at-church

- How are we Christ's hands and feet in the world?
- How do you think God wants us to treat others?
- How do you feel when you help other people?
- What are some things you could do to help serve others?
- What are some things your family could do to help serve others?
- In November, we talk about Stewardship and what it means to give something to St. Peter's so that we can help others. What is something you can do or give?