



# Life 2.0 at St. Peter's

## Faith at Home

### Activity Guidelines

All LIFE 2.0 activities are designed for families and individuals to move independently through each station. General guidelines are listed below, but you are encouraged to make the activity meaningful to you and your experience. Feel free to interact with others at the table, as fellowship is one of our goals, but we ask adults at the table to help keep the younger participants focused as much as possible.

### Key #3: Worship & Devotions

Praying as a family is important. If you don't have a mealtime prayer, find one! Ask your children to create one, or check, the Book of Common Prayer for an amazing and beautiful list of prayers for all occasions. Include stories from the Bible on your reading list, and read them to your children. Weave learning and prayer into part of everyday life—God is with us all the time, not just on Sunday!

Be inspired by the Bible stories! Spend time coloring images of faith, and think about what God means to you. Plan how you can include prayers in your family's everyday routine, like at meals or bedtime. Today, use the LEGOs to build one of your favorite stories from the Bible. Then, tell someone else that story!

### Questions to Consider:

- Worshipping means that we're praising God, and letting him know how important he is to us. How can you worship God?
- Can you worship God when you're not in church?
- What are your favorite Bible stories?
- How did you use the LEGOs to tell that story?
- How do you pray to God?
- How do you know he hears your prayers?

Email photos to [formation@stpetersfreehold.org](mailto:formation@stpetersfreehold.org) and check out our website at [www.stpetersfreehold.org/faith-at-church](http://www.stpetersfreehold.org/faith-at-church)