



Life 2.0 at St. Peter's

Holy Communion

Activity Guidelines

All LIFE 2.0 activities are designed for families and individuals to move independently through each station. General guidelines are listed below, but you are encouraged to make the activity meaningful to you and your experience. Feel free to interact with others at the table, as fellowship is one of our goals, but we ask adults at the table to help keep the younger participants focused as much as possible.

Using LEGOs to Make Altars

Use LEGOs to build an altar like the one in church, or use your imagination to build a different altar! What will you include? Who are the people at the altar you built? Who is invited to be at that table? Why are they there?

Email photos to formation@stpetersfreehold.org and check out our website at www.stpetersfreehold.org/faith-at-church

Questions to Consider:

- During Holy Communion we remember the Last Supper that Jesus shared with his disciples. How are your meals at home like the meals Jesus shared with his friends?
- Who are the people who gather at the altar in our church? In other churches?
- When do we come to a table to eat? When do people come together to eat at our church?
- Why do we remember the Last Supper?