

## Life 2.0 at St. Peter's Jesus Heals

## Activity Guidelines

All LIFE 2.0 activities are designed for families and individuals to move independently through each station. General guidelines are listed below, but you are encouraged to make the activity meaningful to you and your experience. Feel free to interact with others at the table, as fellowship is one of our goals, but we ask adults at the table to help keep the younger participants focused as much as possible.

## Healing Cross

The cross is a powerful symbol for Christians. In this case, it symbolizes a prayer we send to Jesus to take care of. Think of someone you know who needs healing and write his/her name on a bandaid. Then, attach the bandaid to the cross (try not to cover other names). Now, that prayer has been given over to Jesus!

Use one of these healing prayers, or create one of your own, to pray for this person's healing.

Email photos to

formation@stpetersfreehold.org and check our our website at www.stpetersfreehold.org/faith-atchurch

## Questions to Consider:

- Sickness of body is one thing Jesus can heal. What are some other ways he can heal? (*Emotional, spiritual, mental, etc.*)
- What happens when healing takes longer than we thought, or doesn't happen in the way we wanted?
- Each week we pray for people who have asked for Jesus's healing. Have you ever thought about the Prayers of the People?
- How would you feel knowing that others at church are praying for you in times of sickness?