



LIFE 2.0 at St. Peter's

Prayer

Activity Guidelines

All LIFE 2.0 activities are designed for families and individuals to move independently through each station. General guidelines are listed below, but you are encouraged to make the activity meaningful to you and your experience. Feel free to interact with others at the table, as fellowship is one of our goals, but we ask adults at the table to help keep the younger participants focused as much as possible.

Hands-On Intercessions

This is a hands-on activity that helps us visualize and pray for all the people who live and work in our own communities. As you move around the play mat, ask God to bless the following things:

- **Cars:** Pray for traffic, safety, drivers, pedestrians
- **Blocks:** Pray for buildings, workplaces, schools, churches and homes
- **People:** Pray for people!
- **Heart:** Pray for situations in the community that need God's help

Questions to Consider:

- Which people can you pray for in your community?
- How can you be a good neighbor to others in your community?
- What are you thankful for in your community?
- How does your community need God's help?

Email photos to formation@stpetersfreehold.org and check out our website at www.stpetersfreehold.org/faith-at-church