



LIFE 2.0 at St. Peter's

Prayer

Activity Guidelines

All LIFE 2.0 activities are designed for families and individuals to move independently through each station. General guidelines are listed below, but you are encouraged to make the activity meaningful to you and your experience. Feel free to interact with others at the table, as fellowship is one of our goals, but we ask adults at the table to help keep the younger participants focused as much as possible.

Praying with LEGOs

Fill in the shape of the cross on the LEGO board with different color LEGOs that represent different kinds of prayer.

- **Green:** Use this color to say “Thank you” to God for something that happened this week! (*This is a Prayer of Thanksgiving*)
- **Red:** Use this color to say “I’m sorry” to God for something you did, or didn’t do, this week. Then, remember that God forgives you, no matter what! (*This is a Prayer of Penitence*)
- **Blue:** Use this color to ask God to help you or someone else. Remember that God answers all our prayers, but sometimes in unexpected ways. (*This is a Prayer of Petition or Intercession*)
- **Yellow:** Use this color to tell God how wonderful you think he is! All things come from God, and God is great! (*This is a Prayer of Praise*)

Questions to Consider:

- Did you know there are different kinds of prayer?
- What is your favorite prayer?
- What type of prayer do you say most often?
- What type of prayer do you say least often?
- How do you feel when you see all our prayers together on the cross?