Music and Meditation at St. Peter's May 25, 2020 8:00 pm

Liturgy created by Brit Montoro

Prelude

Opening Breathing and Somatic Exercises

Daily Meditation for May 25th from the Taize Community in France. (*Brit reads meditation to begin*)

How many discoveries we shall make in the next world! We shall be astonished to meet people who, unacquainted with Christ, were living by him unawares.

Opening Hymn-Hail the Day that Sees Him Rise (verses 1 & 3)

(*Please leave Zoom on mute so we can sing without technical interruption. Brit plays and sings the hymn.*)

1. Hail the day that sees him rise, Alleluia! to his throne beyond the skies. Alleluia! Christ, the Lamb for sinners given, Alleluia! enters now the highest heaven. Alleluia!

3. Highest heaven its Lord receives; Alleluia! yet he loves the earth he leaves. Alleluia! Though returning to his throne, Alleluia! still he calls us all his own. Alleluia!

Ascensiontide Collect from "The Anglican Rosary Prayer Book"

Grant, we pray, almighty God, that as we believe your only-begotten Son our Lord Jesus Christ to have ascended into the heavens, so we in heart and mind may also ascend and with him continually dwell; who is alive and reigns with you, in the unity of the Holy Spirit, One God, now and forever. **Amen.**

Prayers

5 minutes of contemplative silence will follow this prayer. Brit will play while speaking the prayer.

Lord, be with us this night. Help us to just be. The day is done. Our labors will hopefully come to a rest before sleep. We long for your comfort. We yearn for your sheltering presence. We pray that all who serve you, whether they know they serve you or not, are able to find peace this evening, in whatever way that looks like, wherever they are across the world. Help us discover during this Ascensiontide the Risen Lord who has gone up to meet God, the lover of all, and who will prepare us to receive the Holy Spirit and go into the world to make disciples everywhere in all the ways and means we can. We ask this through Christ our Lord, Amen. **Amen**.

After the 5 minute silence we will engage in a short Litany of Prayer, responding with Be with us, Lord followed by any prayers people wish to offer

Let us offer prayer during this time together.

For all who are struggling mentally, physically, and emotionally during this time. **Be with us, Lord.**

For those who are alone and for those who have no one to pray for them. Be with us, Lord.

For those who need food, shelter, comfort, and peace and have none. Be with us, Lord.

For those who are sick, for those who have gone before us, and for those who are grieving. **Be** with us, Lord.

For all in need of the saving power of God's love. Be with us, Lord.

At this time you may uplift prayers and I will read them from the group chat.

For all these prayers we ask you to hear us and be with us, through Christ Our Lord, Amen

Reflection

From the Selected Writings of Hildegard von Bingen, medieval musician and physician, as she describes how music exists in the firmament in God's universe.

"The Music of the Firmament"

In its revolving the firmament emits marvellous sounds, which we nevertheless cannot hear because of its great height and expanse; likewise a millwheel or cartwheel gives off sounds when it turns. But the firmament is at such a height and expanse above the earth so that it does not destroy the people and animals upon the earth; therefore it is far enough away, for if it were any nearer the humans and animals would perish by the fire and winds and by the water and the clouds. As body and soul are one and support each other, in the same way the planets with the firmament confirm each other and strengthen each other. And like the soul that enlivens and strengthens the body, the sun - with the moon and the other stars - warms and strengthens the firmament with its fire. Thus the firmament is like a human head; the sun, moon and stars are the eyes; the air is our sense of hearing, the winds our sense of smell, the dew our taste; the sides of the cosmos are like our arms and our sense of touch. And the other creatures that are in the world are like our stomach, but the earth is our heart. As the heart holds the body together from top to bottom so the earth is a secure land for the waters on its surface and a firm resistance to the waters beneath the earth to prevent them from wrongly breaking out.

Reflection Questions

- 1. When I read this meditation of von Bingen, how does that make you feel?
- 2. What is your response to this vision of God and the universe?

(people may choose to respond vocally and interact/essentially a sermon where the participants take ownership. Participants must raise hands before speaking)

Closing Prayer

O eternal Lord, it is pleasing to you to burn in that same fire of love, like that from which our bodies are born, and from which you begot your Son in the first dawn before all of Creation. So consider this need which falls upon us, and relieve us of it for the sake of your Son, and lead us in joyous prosperity.

-Hildegard von Bingen (1098-1179)

Closing Music