

How to Fold Palm Leaf Crosses

1. Take a strip (palm or paper), and fold towards right in half on diagonal to make a right angle.
2. Wrap the horizontal piece back behind, around to the left, then around to the right again, wrapping around the original fold.
3. Fold the bottom straight up to the angle.
4. Slide the top tail down through the “knot” in the back and pull tight. It should now look like a 90 degree angle with a square knot in the middle.
5. Fold the horizontal piece through the center knot and then back again, leaving the end piece hidden in the knot and making the two sides even, then crease at ends.
6. Fold the vertical piece down through the knot, leaving the top slightly shorter than the tail end. Crease at top, and VOILA! Your palm cross!