



Symbols of Holy Communion

Wheat: Grains of wheat are used to make bread, and Jesus is the Bread of Life.

A Host: A host is a communion wafer—sometimes we use bread instead. It represents Jesus.

A Chalice: Jesus used a cup or chalice to drink from at his Last Supper. It also represents the cup of forgiveness.

Grapes: Grapes are crushed into juice, which becomes wine. Wine was used by Jesus at the Last Supper. It symbolizes the blood of Jesus that was shed for us for the forgiveness of our sins.

Other Symbols to Use:

A Cross

A Loaf of Bread

An Altar

A Dove

A Candle

People

A Fish

A Bible or Book

A Heart